# The Pillar DVPCA WOMEN IN THE CHURCH NEWSLETTER

## Standing firm in the strength of His might



#### Hinged Bible Study: Ephesians

This month's Bible study focuses on Ephesians 1:15-23. These verses discuss what HOPE is, who the TRINITY is, and the glorious INHERITANCE in the saints.

From the book: "I have tried many things to improve my life. I have tried the latest diet, exercising more, going to counseling, and spending more time doing the things I enjoy. All these things can be good, but none of them is THE answer to a better life. While these things add value, there is only One who gives life-lasting value. If our hope is set on Christ and our value is found in Him, then we look for power to live in Him and we are on the path of growth. We have a hope that cannot fail, and we are made strong to fight the daily battles of life."



The Persecuted Church

Frank & Cindy S-WARM

Rostislav & Irene Bilosevitch-Gideons, Ukraine

Harold & Sarah Schepian- SERGE, Philadelphia

Sam & Elizabeth Goodwin- MTW, Germany

#### 3 Tips for being a good "sister"

- \*Encourage your sister group: Send a thoughtful or encouraging message by text or email, pass on a helpful Bible verse, send out birthday cards.
- \*Get to know the other ladies in your group: What are their gifts and talents? How available are they to help? How long have they been coming to DVPCA?
- \*Check on each other from time to time: Do they have any immediate needs? Any prayer requests?

### Testimony Corner: Demetra Helbert

I am not a writer, never have been or will be, but after all the Lord has done for me, I need to praise Him. He blessed me by giving me Christian parents that raised me to know the Lord. I was blessed that He saved me at the young age of 4 and I do not remember life without Christ since I was so young. Life has had its good times and bad times, with the last three years having been full of trials for our family, but God has faithfully been there



through it all. It is hard sometimes when you are going through trials to always feel He is there, even though you know He is, but when you look back, you can see His hand in every aspect of your life.

Recently, I had to have a biopsy on my vocal cords because I had white spots that were causing hoarseness and making my throat sore. The doctor planned to remove the spots and have them tested to rule out cancer or any type of growth, and to try to determine what was causing them. This caused me to be fearful because my father had cancer in his mouth and also liver cancer. Cancer is a very scary word! So I started praying, and even cried a little, to our Heavenly Father for peace and comfort. The day of the surgery, I was calm and at peace, and I had no fear! My Heavenly Father was present with me, giving me peace and comfort. I was in my room after the surgery when I realized this, and what joy flooded my soul! He tells us in His Word, "Have I not commanded you? Be strong and be courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go." Joshua 1:9 (I get tears in my eyes every time I read this verse.)

There are many verses that tell us He is with us and will not leave us. What joy and peace we can have knowing He is always there, even if we don't feel like He is! I am thankful my results came back "no cancer or growth", although the spots remain a mystery, except to God. Trials definitely teach you to lean on God, every...single...day! Hebrews 4:16 says, "Let us then with confidence draw near to the throne of grace, that we may receive mercy and find help in the time of need." We still have trials yet to face this year and for the rest of our lives, but I'm very thankful God shows us great mercy and is always there for us in our time of need!

Psalm 121:1-2
"I lift my eyes unto the hills
Where does my help come from?
My help comes from the Lord
The maker of heaven and earth."